

SPA & WELLNESS

TERASU

MASSAGES

RELAXATION MASSAGE

Quiet your thoughts and calm your mind.
Improves circulation, relieves tension, and promotes deep, restorative sleep.

60 MIN **$1,700**

90 MIN **$2,250**

SWEDISH MASSAGE

Swedish massage is a therapeutic technique designed to ease muscle tension through kneading, friction, and long, flowing strokes that stimulate circulation and overall well-being.

60 MIN **$1,700**

90 MIN **$2,250**

DEEP TISSUE MASSAGE

Deep tissue massage is designed to release built-up tension, relieve muscle knots, and target the deeper layers of muscle tissue, helping to enhance relaxation and physical balance.

60 MIN **$1,950**

90 MIN **$2,500**

All prices are in Mexican pesos (MXN).

HYDRO-IMMERSION THERAPIES

ICE BATH — $1,900

Reduces muscle soreness and boosts your mood.

HYDROTHERAPY — No additional cost

Included with any spa service. (Please request at the reception desk.)

COUPLES THERAPIES

WILD SERENITY — $4,500

A wellness ritual focused on renewing your energy and connecting with your partner.

- Energizing ice bath — 3/5 MIN
- Synchronized relaxing or Swedish massage — 60 MIN
- Jacuzzi / hydrotherapy soak — 30 MIN

NATURAL RENEWAL — $5,100

A purification treatment focused on relaxing the body and mind.

- Energizing ice bath — 3/5 MIN
- Synchronized relaxing or Swedish massage — 90 MIN
- Jacuzzi / hydrotherapy soak — 45 MIN

All prices are in Mexican pesos (MXN).

Your wellness begins here



Scan and book the self-care day you deserve.